1 out of 3 U.S. adults has prediabetes, only 10% know they have it.

Source: Centers for Disease Control and Prevention (2014)

ymca.net/diabetes
29 million Americans have diabetes

86 million Americans have prediabetes

Source: Centers for Disease Control and Prevention (2014)

ymca.net/diabetes
1 MILLION MORE WHO KNOW THEY ARE AT RISK

ymca.net/diabetes
86 million have prediabetes

only about 9 million are aware of it

Source: Centers for Disease Control and Prevention (2014)

ymca.net/diabetes